

# TERMS & CONDITIONS

## Introduction

### Who we are

Jump Start Jonny is the trading name of Jump Start Jonny Limited, registered at 72 High Street, Steyning, England, BN44 3RD, United Kingdom. Jump Start Jonny Limited is registered in England and Wales under company no.15336664.

### Definitions

The term "Jump Start Jonny," "JSJ," "We," and "Us" shall mean Jump Start Jonny Limited, the owner of this Website. The terms "Website" or "Site" shall refer to the Jump Start Jonny Website. The term "You," "Yourself," and "Your" refers to the user or viewer of this Website.

### Role as Data Controller

Jump Start Jonny is the Data Controller within the definition of the General Data Protection Regulation (GDPR).

## Terms of Use

### Acceptance of terms

These Terms of Use outline the conditions for using the Website, located at [www.jumpstartjonny.co.uk](http://www.jumpstartjonny.co.uk) and [www.jumpstartjonny.com](http://www.jumpstartjonny.com), whether as a guest or as a registered user, and on which we supply goods and services to you.

Your acceptance of these terms begins when you start using the Jump Start Jonny Site and continues as long as you use the service.

By accessing or using this Site, you acknowledge that you have read, understood, and agreed to all terms, conditions, and notices outlined in this agreement. If you do not agree to these terms, you should not use the Site.

As we update and expand our business, these terms may change, so please review them regularly.

### Changes to terms

We reserve the right to modify these terms by updating them on our Website and/or by notifying you via the last email address you provided. Your continued use of the Website constitutes acceptance of the new terms. Updated terms take effect immediately and apply to

all continued or new use of the Website. We may also modify the Website, services, or features of the service at any time.

## **Account Requirements**

### **Eligibility**

IF YOU ARE UNDER THE AGE OF 18, YOU ARE NOT PERMITTED TO REGISTER AS A USER OR OTHERWISE SUBMIT PERSONAL INFORMATION TO JUMP START JONNY WITHOUT THE CONSENT OF A PARENT OR GUARDIAN AGED 18 YEARS OR OVER.

If you create an account, you agree to provide, maintain and update true, accurate, current and complete information about yourself in the registration process. You shall not impersonate any person or entity or misrepresent your identity or affiliation with any person or entity, including using another person's, company's or school's name, likeness, voice, image(s) or photograph(s). You also agree to promptly notify Jump Start Jonny of any unauthorised use of your username, password, other account information or any other breach of security that you become aware of involving or relating to the Site.

You agree that your use of the Site may be monitored to help us improve our services.

### **Closing your account**

If you wish to cancel your membership, Individual members and Families must do so via the account admin panel before the renewal date. Schools, Trusts, and Businesses must request cancellations by emailing us at [finance@jumpstartjonny.co.uk](mailto:finance@jumpstartjonny.co.uk) before the renewal date. Cancellation takes effect at the end of the current billing period, and no refunds will be issued for any remaining time.

Either you or Jump Start Jonny may terminate this agreement at any time and for any reason by giving notice to the other party. We may suspend your access to our services with or without cause.

If we terminate your account without cause, we may refund a portion of any pre-payment. No refunds will be provided if termination is due to a breach of these terms. Upon termination, all associated account data, including emails, may be permanently deleted. If you don't log in to your account for 12 or more months, we may treat your account as "inactive" and permanently delete the account and all the data associated with it.

### **Access**

Access to our Site is permitted on a temporary basis and we reserve the right to withdraw or amend the service we provide on our Site without notice. We will not be liable if our Site is

unavailable at any time or for any period. From time to time, we may restrict access to some parts of our Site, or our entire Site, to all users.

You are responsible for making all arrangements necessary for you to have access to our Site. You are also responsible for ensuring that all persons who access our Site through your internet connection are aware of these terms and that they comply with them.

We reserve the right to withdraw or amend any content on the Website at any time with or without notice.

### **Service limitations and modifications**

Jump Start Jonny will make reasonable efforts to keep the Website operational. However, certain technical difficulties or maintenance may, from time to time, result in temporary interruptions. To the extent permissible under applicable law, Jump Start Jonny reserves the right, periodically and at any time, to modify or discontinue, temporarily or permanently, functions and features of the Website, with or without notice, all without liability to you, except where prohibited by law, for any interruption, modification or discontinuation of the Website or any function or feature thereof.

If you prepaid for subscriptions that we permanently discontinue, you may not be entitled to a refund. You understand, agree and accept that Jump Start Jonny has no obligation to maintain, support, upgrade or update the service, or to provide all or any specific content through the service. This section will be enforced to the extent permissible by applicable law.

Jump Start Jonny and/or the owners of any content may, from time to time, remove any such content without notice to the extent permitted by applicable law.

### **Misuse**

You must not misuse our Site by knowingly introducing viruses, trojans, worms, logic bombs or other material that is malicious or technologically harmful. You must not attempt to gain unauthorised access to our Site, the server on which our Site is stored or any server, computer or database connected to our Site. You must not attack our Site via a denial-of-service attack or a distributed-denial-of service attack. By breaching this provision, you would commit a criminal offence under the Computer Misuse Act 1990. We will report any such breach to the relevant law enforcement authorities and we will cooperate with those authorities by disclosing your identity to them. In the event of such a breach, your right to use our Site will cease immediately.

We are not liable for any loss or damage caused by a distributed-denial-of-service attack, viruses or other technologically harmful material that may infect your computer equipment, computer programs, data or other proprietary material due to your use of our Site or to your downloading of any material posted on it, or on any Website linked to it.

## **User-generated content**

Users of Jump Start Jonny may post, upload, or contribute various types of content to the platform, including but not limited to images, text, messages, information, videos, and other forms of media ("user content"). For clarity, "user content" refers to all such contributions made to the Website and services.

You promise that, with respect to any user content you post on the Website, (1) you have the right to post such user content and (2) such user content, or its use by Jump Start Jonny as contemplated by the agreements, does not violate the agreements, applicable law or the intellectual property (including without limitation copyright), publicity, personality or other rights of others or imply any affiliation with or endorsement of you or your user content by Jump Start Jonny or any individual without express written consent from such individual or entity.

Jump Start Jonny may, but has no obligation to, monitor, review or edit user content. In all cases, Jump Start Jonny reserves the right to remove or disable access to any user content for any or no reason, including but not limited to, user content that, in Jump Start Jonny's sole discretion, violates the agreements. Jump Start Jonny may take these actions without prior notification to you or any third party. Removal or disabling of access to user content shall be at our sole discretion and we do not promise to remove or disable access to any specific user content.

You are solely responsible for the user content you post. Jump Start Jonny is not responsible for user content, nor does it endorse any opinions contained in user content. YOU AGREE THAT IF ANYONE BRINGS A CLAIM AGAINST JUMP START JONNY RELATED TO USER CONTENT THAT YOU POST, THEN, TO THE EXTENT PERMISSIBLE UNDER LOCAL LAW, YOU WILL INDEMNIFY AND HOLD JUMP START JONNY HARMLESS FROM AND AGAINST ALL DAMAGES, LOSSES, AND EXPENSES OF ANY KIND (INCLUDING REASONABLE ATTORNEY FEES AND COSTS) ARISING OUT OF SUCH CLAIM.

## **Memberships**

### **Membership types**

Jump Start Jonny offers various paid membership plans that provide access to additional content on the Website in exchange for payment. These membership plans are tailored for different types of users, including Individuals, Families, Schools, Businesses, and Trusts. Each membership type is subject to specific terms and conditions, as outlined below.

### **Membership plans**

- Individual Membership: A subscription for individual users, providing personal access to exclusive content on the Website.
- Family Membership: A subscription for families, allowing members of the same household to access Jump Start Jonny content through a single account.
- School Membership: A subscription for schools, granting access to Jump Start Jonny resources for teachers and staff members within the school premises.
- Trust Membership: A subscription for educational trusts or federations comprising multiple schools. This membership offers access to Jump Start Jonny content for all schools within the trust.
- Business Membership: A subscription for companies and corporate entities, granting employees and contracted staff access to the Website.

### **Subscription lengths**

Individual and Family membership plans are available as either monthly or 12-month subscriptions. School, Business, and Trust memberships are offered as 12-month subscriptions only.

### **Individual Membership**

#### **Membership scope**

The Individual Membership is intended for personal use, providing access to exclusive content on the Website. Access is restricted to the individual user and is not permitted to be shared with others.

#### **Account setup and information**

Individual users must complete the online registration form to create their account. Only one user is permitted per account. Users are responsible for immediately notifying Jump Start Jonny of any unauthorised access or security breaches.

Jump Start Jonny is not liable for any loss or damage arising from account security issues, including stolen or hacked passwords. Password resets can only be performed upon request. All users must maintain the confidentiality of their passwords and account information at all times and accept full responsibility for the activities that occur under their account. Website access is limited to the registered individual user. Sharing account information with others is not permitted.

#### **Free trials, payments and cancellations**

A 14-day free trial is available for individuals to experience the service before making a purchase commitment. This trial also serves as a cooling-off period. At the end of the 14-day trial, membership will automatically begin, and the associated payment method on file will be charged according to the chosen subscription plan. No further action is required to initiate the

membership, as it will automatically activate once the free trial is over, unless the trial is cancelled before it ends.

Membership payment options include monthly, which automatically renews each month until cancelled, and yearly, which automatically renews each year until cancelled. It is your responsibility to monitor your renewal dates, as notifications may not be sent in advance. To cancel a membership, you must log in to the Website and complete the cancellation process.

If the trial is cancelled within the 14-day period, no payment will be taken. However, once the trial transitions to a paid membership, no refunds will be issued for cancellations within an active billing cycle. Membership access will continue until the current billing period concludes, after which premium content access will cease. No refunds will be provided for any unused portion of a month or year. All payments are final once processed. No refunds or credits will be issued for any changes to membership plans. Any changes will take effect at the start of the next billing cycle.

### **Content ownership**

All content remains the property of Jump Start Jonny. Membership grants a licence to use materials only for the duration of the subscription.

### **Violations of terms**

Breaching these terms may result in immediate suspension of membership, with Jump Start Jonny retaining the discretion to decide whether the account will be reinstated. Users understand and agree that we may monitor their usage of the service to determine whether a violation has occurred or is occurring.

### **Price adjustments and discounts**

Jump Start Jonny may change subscription prices at any time and for any reason. Continued use of the service constitutes acceptance of the new rates. Discounts are offered at our discretion and may be modified or withdrawn at any time without prior notice.

## **Family Membership**

### **Membership scope**

The Family Membership allows members of the same household to access the Jump Start Jonny content under a single membership plan. Access is restricted to the individual user and is not permitted to be shared with others.

### **Account setup and information**

Families must complete the online registration form to create their account. Once registered, you will have access to a single account that can be used by all members of the family in the

same household. Users are responsible for immediately notifying Jump Start Jonny of any unauthorised access or security breaches.

Jump Start Jonny is not liable for any loss or damage arising from account security issues, including stolen or hacked passwords. Password resets can only be performed upon request. All users must maintain the confidentiality of their passwords and account information at all times and accept full responsibility for the activities that occur under their account. Sharing account information with individuals outside of your household is not permitted. The primary account holder (i.e., the person who paid for the subscription) is responsible for ensuring that all family members comply with the terms and conditions.

### **Free trials, payments and cancellations**

A 14-day free trial is available for you to experience the service before making a purchase commitment. This trial also serves as a cooling-off period. At the end of the 14-day trial, membership will automatically begin, and the associated payment method on file will be charged according to the chosen subscription plan. No further action is required to initiate the membership, as it will automatically activate once the free trial is over, unless the trial is cancelled before it ends.

Membership payment options include monthly, which automatically renews each month until cancelled, and yearly, which automatically renews each year until cancelled. It is your responsibility to monitor your renewal dates, as notifications may not be sent in advance. To cancel a membership, you must log in to the Website and complete the cancellation process.

If the trial is cancelled within the 14-day period, no payment will be taken. However, once the trial transitions to a paid membership, no refunds will be issued for cancellations within an active billing cycle. Membership access will continue until the current billing period concludes, after which premium content access will cease. No refunds will be provided for any unused portion of a month or year. All payments are final once processed. No refunds or credits will be issued for any changes to membership plans. Any changes will take effect at the start of the next billing cycle.

### **Content ownership**

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### **Violations of terms**

Breaching these terms may result in immediate suspension of membership, with Jump Start Jonny retaining the discretion to decide whether the account will be reinstated. Users understand and agree that we may monitor their usage of the service to determine whether a violation has occurred or is occurring.

### **Price adjustments and discounts**

Jump Start Jonny may change subscription prices at any time and for any reason. Continued use of the service constitutes acceptance of the new rates. Discounts are offered at our discretion and may be modified or withdrawn at any time without prior notice.

## **School Membership**

### **Membership scope**

The School Membership is designed for educational institutions, providing access to additional Website content for staff members, such as teachers and administrative personnel. Access is restricted to use within the registered school premises and is not permitted outside of the school's location.

### **Account setup and information**

Schools must complete an online registration form to create a master account with administrative rights. This account allows administrators to invite staff members to join through an online portal, and there is no payment required at registration.

Upon account creation, Jump Start Jonny will review submitted information for authenticity and reserves the right to delete fake or unofficial accounts. The account administrator should then follow on-screen or emailed instructions to invite each user within their school, using official school email addresses (e.g., @school.ac.uk); personal email addresses (e.g., @gmail.com) are not permitted.

Each invited user will receive an email with instructions to create their own sub-account, allowing them to log in using a unique username and password. A sub-account must be created for each user, and users may only log in to their accounts.

Schools must promptly notify Jump Start Jonny of any unauthorised access or security breaches. Jump Start Jonny is not liable for any loss or damage resulting from security issues, including stolen or hacked passwords, though password resets can be requested. Users are responsible for keeping their password and account information confidential at all times and accept full responsibility for any activities occurring under their password or account.

### **Free trials and payments**

A 14-day free trial is provided to schools as part of the membership subscription, allowing them to experience the service before committing to a paid plan. If not cancelled before the end of this period, the subscription will automatically begin and an invoice issued which must be paid within 30 days to maintain uninterrupted access to the service.

Paid memberships begin immediately after the trial ends. Schools are responsible for tracking their renewal dates, and if payment is not made by the renewal date, the membership will automatically be cancelled. All invoices and payment terms are outlined in writing, with no

refunds provided for unused portions of any month or year. Payments are final once processed, and any changes to the membership plan will take effect at the start of the next billing cycle.

### **Free trial eligibility**

Our free trial offer is available only to new users who have not previously accessed a free trial. Users who have already used a free trial will not be eligible to sign up for an additional trial unless expressly authorised by us under specific circumstances. We reserve the right to determine eligibility for the free trial offer.

### **Content ownership**

All content remains the property of Jump Start Jonny. Membership grants a licence to use materials only for the duration of the subscription.

### **Violations of terms**

Breaching these terms may result in immediate suspension of membership, with Jump Start Jonny retaining the discretion to decide whether the account will be reinstated. Users understand and agree that we may monitor their usage of the service to determine whether a violation has occurred or is occurring.

### **Price adjustments and discounts**

Jump Start Jonny may change subscription prices at any time and for any reason. Continued use of the service constitutes acceptance of the new rates. Discounts are offered at our discretion and may be modified or withdrawn at any time without prior notice.

## **Business Membership**

### **Membership scope**

The Business Membership allows employees of the company to access the Jump Start Jonny content. Access is restricted to employees of the registered business and is not permitted to be shared with others.

### **Account setup and information**

Businesses must complete an online registration form to create a master account with administrative rights. This account allows administrators to invite staff members to join through an online portal, and there is no payment required at registration.

Upon account creation, Jump Start Jonny will review submitted information for authenticity and reserves the right to delete fake or unofficial accounts. The account administrator should then follow on-screen or emailed instructions to invite each user within their business, using official

business email addresses (e.g., @business.co.uk); personal email addresses (e.g., @gmail.com) are not permitted.

Each invited user will receive an email with instructions to create their own sub-account, allowing them to log in using a unique username and password. A sub-account must be created for each user, and users may only log in to their accounts.

Businesses must promptly notify Jump Start Jonny of any unauthorised access or security breaches. Jump Start Jonny is not liable for any loss or damage resulting from security issues, including stolen or hacked passwords, though password resets can be requested. Users are responsible for keeping their password and account information confidential at all times and accept full responsibility for any activities occurring under their password or account.

### **Free trial and payments**

A 14-day free trial is provided to businesses as part of the membership subscription, allowing them to experience the service before committing to a paid plan. If not cancelled before the end of this period, the subscription will automatically begin and an invoice issued which must be paid within 30 days to maintain uninterrupted access to the service.

Paid memberships begin immediately after the trial ends. Businesses are responsible for tracking their renewal dates, and if payment is not made by the renewal date, the membership will automatically be cancelled. All invoices and payment terms are outlined in writing, with no refunds provided for unused portions of any month or year. Payments are final once processed, and any changes to the membership plan will take effect at the start of the next billing cycle.

### **Free trial eligibility**

Our free trial offer is available only to new users who have not previously accessed a free trial. Users who have already used a free trial will not be eligible to sign up for an additional trial unless expressly authorised by us under specific circumstances. We reserve the right to determine eligibility for the free trial offer.

### **Content ownership**

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### **Violations of terms**

Breaching these terms may result in immediate suspension of membership, with Jump Start Jonny retaining the discretion to decide whether the account will be reinstated. Users understand and agree that we may monitor their usage of the service to determine whether a violation has occurred or is occurring.

### **Price adjustments and discounts**

Jump Start Jonny may change subscription prices at any time and for any reason. Continued use of the service constitutes acceptance of the new rates. Discounts are offered at our discretion and may be modified or withdrawn at any time without prior notice.

## **Trust Membership**

### **Membership scope**

The Trust Membership is designed for educational trusts or federations that consist of multiple schools operating under a single trust. This membership provides access to Jump Start Jonny content for all schools within the trust, enabling teachers, staff, and students across the group to use the service.

### **Account setup and information**

Trusts must complete an online registration form to create a master account with administrative rights. This account allows administrators to invite staff members to join through an online portal, and there is no payment required at registration.

Upon account creation, Jump Start Jonny will review submitted information for authenticity and reserves the right to delete fake or unofficial accounts. The account administrator should then follow on-screen or emailed instructions to invite each user within their Trust, using official trust email addresses (e.g., @school.ac.uk); personal email addresses (e.g., @gmail.com) are not permitted.

Each invited user will receive an email with instructions to create their own sub-account, allowing them to log in using a unique username and password. A sub-account must be created for each user, and users may only log in to their accounts.

Trusts must promptly notify Jump Start Jonny of any unauthorised access or security breaches. Jump Start Jonny is not liable for any loss or damage resulting from security issues, including stolen or hacked passwords, though password resets can be requested. Users are responsible for keeping their password and account information confidential at all times and accept full responsibility for any activities occurring under their password or account.

### **Free trials and payments**

A 14-day free trial is provided to Trusts as part of the membership subscription, allowing them to experience the service before committing to a paid plan. If not cancelled before the end of this period, the subscription will automatically begin and an invoice issued which must be paid within 30 days to maintain uninterrupted access to the service.

Paid memberships begin immediately after the trial ends. Trusts are responsible for tracking their renewal dates, and if payment is not made by the renewal date, the membership will automatically be cancelled. All invoices and payment terms are outlined in writing, with no

refunds provided for unused portions of any month or year. Payments are final once processed, and any changes to the membership plan will take effect at the start of the next billing cycle.

### **Free trial eligibility**

Our free trial offer is available only to new users who have not previously accessed a free trial. Users who have already used a free trial will not be eligible to sign up for an additional trial unless expressly authorised by us under specific circumstances. We reserve the right to determine eligibility for the free trial offer.

### **Content ownership**

All content remains the property of Jump Start Jonny. Membership grants a licence to use materials only for the duration of the subscription.

### **Violations of terms**

Breaching these terms may result in immediate suspension of membership, with Jump Start Jonny retaining the discretion to decide whether the account will be reinstated. Users understand and agree that we may monitor their usage of the service to determine whether a violation has occurred or is occurring.

### **Price adjustments and discounts**

Jump Start Jonny may change subscription prices at any time and for any reason. Continued use of the service constitutes acceptance of the new rates. Discounts are offered at our discretion and may be modified or withdrawn at any time without prior notice.

### **School Visits**

#### **Invoicing**

Invoices will be issued after the visit, and payment is due within 30 days of receiving the invoice. We accept payment by cheque or BACS.

#### **Cancellations**

Cancellations must be made in writing via email to [hello@jumpstartjonny.co.uk](mailto:hello@jumpstartjonny.co.uk).

- If the school cancels less than 7 days before the scheduled date, the full amount is payable.
- If the school cancels less than 15 days before the scheduled date, 50% of the full amount is payable.
- If the school cancels less than 30 days before the scheduled date, no payment is due.

In the event of a cancellation by Jump Start Jonny, we will work to reschedule the visit for a mutually agreeable date.

### **Liability**

Jump Start Jonny assumes no responsibility for any damage, illness, or injury that may occur during the event. Teachers are required to maintain supervision at all times.

### **Social media and publicity**

We may need to film for social media and publicity purposes. We will confirm this with you on the day and ensure that we only use approved content.

### **Logistical limitations**

While we will make every effort to accommodate each school, there may be instances where it is logistically impossible due to the school's distance or accessibility. In such cases, Jump Start Jonny reserves the right to cancel the visit, and Jump Start Jonny assumes no liability for damages or losses.

Jump Start Jonny is not liable for failure to fulfil its obligations due to circumstances beyond its reasonable control, including but not limited to government acts, strikes, pandemic, or other unforeseen events. In such cases, we will work to reschedule the visit or provide an alternative solution.

### **Offers and Competitions**

All competitions or offers organised by Jump Start Jonny will clearly specify what each offer includes, who may participate, how to participate, and the start and end dates for the competition. Entries that do not meet these requirements will not be entered into any promotion.

Promotions by Jump Start Jonny will give specific restrictions and conditions of entry for each offer in the launching of any competition. Jump Start Jonny staff operating the promotions will be available to answer questions and clarify the terms of entry for any potential entries.

Any given conditions of entry will be made clear before or at the time of entry for prize draws, discount opportunities or offer codes. These conditions will remain accessible through the period of the promotion.

### **Credit and Debit Cards**

You agree to provide us with valid credit/debit card information and authorise us to deduct the appropriate charges against that credit/debit card. You'll replace the information for any credit/debit card that expires with information for a different valid credit/debit card. Anyone using a credit/debit card represents and warrants that he or she is authorised to use that credit/debit card, and that any and all charges may be billed to that credit/debit card and won't be rejected. If, for some reason, we're unable to process your credit/debit card order, we'll try to contact you and suspend your account until your payment can be processed. For your safety, credit/debit card details are neither stored nor shared with third parties.

## **Returns**

If you are unhappy with your purchase of physical items (such as clothing), you may return the products to us at any time within 14 days starting on the day after you received them unless they have been used or worn. If products are returned within the 14-day period, you will be entitled to a full refund.

Fees cannot be refunded after the 14-day refund period. You must tell us in writing if you wish to cancel an order. You should do this by emailing [hello@jumpstartjonny.co.uk](mailto:hello@jumpstartjonny.co.uk). You will receive your refund within 30 days of the date you tell us that you are cancelling the relevant order.

## **Property Rights**

We are the owner or the licence of all intellectual property rights in our Site and in the material published or broadcast on it. All rights are reserved.

Content published on the Site may not be downloaded or copied, and any violation will result in your right to use the Site being immediately revoked. Our status (and that of any identified contributors) as the authors of material on our Site must always be acknowledged.

You agree not to record, emulate, copy or distribute our videos (or any other content on our Site) without our prior written permission.

You must not use any part of the materials on our Site for commercial purposes without obtaining permission from us. You agree that you will only access the Site and any materials posted on it for your own personal, non-commercial use. You also agree not to use our Site or any of the materials on it for the solicitation of business in the course of trade or in connection with a commercial enterprise.

If you copy, download or distribute our content without prior permission, your right to use our Site will cease immediately and you must, at our option, return or destroy any copies you have made.

## **Health and Safety**

THOSE UNDER 18 MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES WHEN USING AND PARTICIPATING IN THIS SITE. THIS ADULT AGREES TO THE TERMS AND CONDITIONS SET OUT IN THIS DOCUMENT AND UNDERSTANDS THAT THEY ARE RESPONSIBLE FOR THE HEALTH AND SAFETY OF THE CHILDREN OR YOUNG PEOPLE WHOM THEY ACCOMPANY.

By using the Site, you agree that you are fit and well enough to do so. You agree that if you are unsure about your physical ability to participate, you will contact your GP for advice. You also agree that, when taking part in any Jump Start Jonny video, whether fitness based or otherwise, you and those you are responsible for will participate safely within your own limits and capabilities.

You agree to make sure that the area in which you and those you are responsible for conduct, participate in or view the exercise is safe for such participation and is clear of all obstacles or any object that could cause physical harm. It is the responsibility of the adult to ensure that the area of participation complies fully with any health and safety regulations, standards or policy appropriate or applicable to that area, and that full compliance with that health and safety policy. By participating in any element of the Website, you are agreeing that you, or anyone you are responsible for, will stop exercising IMMEDIATELY if you/they should feel ill or faint or experience any other detrimental physical effects from taking part in the exercise.

You confirm that in this eventuality, a suitable health professional will be contacted to investigate any symptoms or physiological problems, and exercise will not re-commence unless that suitably qualified health professional has given permission to do so.

PLEASE NOTE THAT THE EXERCISES CONTAINED ON THE JUMP START JONNY WEBSITE ARE MEANT AS A GUIDE ONLY. NOT ALL OF THE EXERCISES ARE SUITABLE FOR EVERYONE AND YOU AND THOSE YOU ARE RESPONSIBLE FOR SHOULD NOT COPY AN EXERCISE UNLESS IT CAN BE PERFORMED SAFELY WITHOUT RISK. WE TAKE NO RESPONSIBILITY FOR ANY ILLNESS OR INJURY CAUSED AS A RESULT OF NOT COMPLYING WITH THESE TERMS.

## **Intellectual Property**

All content on the Jump Start Jonny Website, including but not limited to videos, images, text, and software, is the property of Jump Start Jonny or its licensors. You may not copy, reproduce, modify, distribute, or create derivative works from any content on the Website without express written permission.

## **Privacy and Data Protection**

Jump Start Jonny is committed to protecting user privacy in compliance with applicable data protection regulations, including GDPR. Please refer to our Privacy Policy for details on how we collect, store, and process your information.

## **Other**

If you have concerns about the material that appears on our Site, please contact [hello@jumpstartjonny.co.uk](mailto:hello@jumpstartjonny.co.uk).

And remember - you're amazing!